



Karen Montgomery

Kspace

Creating space to grow . . . naturally!

facebook.com/KarenMontgomeryKspace 0438 859 596

Hills Radio 88.9fm

www.hillsradio.com.au

Karen's Garden

March

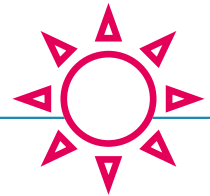
What to Plant

Broccoli	Leeks
Beetroot	Lettuce
Brussels sprouts	Onions -
Cabbage	Spring onions
Chinese cabbages	Shallots
Cauliflower	Parsnips
Carrots	Peas
Chicory	Radish
Endive	Silverbeet/Chard
Herbs	Swede
Kale	Turnip
Kohlrabi	

What to Pick

Beans	Radish
Beetroot	Rhubarb
Cauliflower	Silverbeet /
Carrots	Chard
Lettuce	Squash
Kale	Zucchini
Onions	tomato
Pak choy	
Potato	

**He who plants a garden,
plants happiness**



Zucchini Lemon Curd

1kg zucchini—yellow
 1kg sugar
 3 lemon Juice & rind
 125gm butter (nuttelex)

Steam zucchini, place in blender till very smooth
 Place in pan with all other ingredients
 Cook till combined and thick (few minutes)
 Place in clean jars
 NB* if you don't have yellow zucchini, peel green zucchini & use it instead.

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