



Karen Montgomery

Kspace

Creating space to grow . . . naturally!

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# Karen's Garden

## April

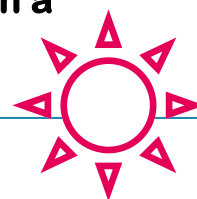
### What to Plant

Broccoli	Leeks
Broad beans	Lettuce
Brussels sprouts	Onions -
Cabbage	Spring onions
Chinese cabbages	Shallots
Cauliflower	Parsnips
Carrots	Peas
Chicory	Radish
Garlic	Silverbeet/Chard
Herbs	Spinach
Kale	Swede
Kohlrabi	

### What to Pick

Broccoli	Radish
Beetroot	Rhubarb
Cauliflower	Silverbeet /
Carrots	Chard
Lettuce	Spring Onion
Kale	
Onions	
Chinese cabbages	
Potato	

**Knowledge is knowing tomato is a fruit  
Wisdom is not putting it in a  
fruit salad**



## Skordalia

600gm potato cooked  
4 Garlic cloves (roasted)  
1t sea salt or Himalayan salt  
185gm olive oil  
1 egg yolk

Place all ingredients in a food processor and blend till smooth.

Serve with vegetable pieces , crackers or bread

Can mash all ingredients by hand for a more rustic version.

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